



Sample Menu

Morning Snacks ~ a selection from:

Raisins, apricots, bananas, sultanas, grapes, crackers,
bread sticks, chive twists, biscuits, milk

Lunch ~ a recent week's offering:

Monday

Oven baked fish, couscous, mixed veg, fruit custard

Tuesday

Grilled chicken, new potatoes, carrots, green beans, semolina

Wednesday

Chilli con carne, rice, peas, fruit sponge

Thursday

Pasta with sauce, broccoli, sweetcorn, yoghurt with fruit

Friday

Cauliflower cheese, new potatoes, carrots, peas, apple cake

Afternoon Tea ~ a selection from:

Cheese and apple
Sandwiches
Beans
Filled rolls
Naan bread
Toast with jam and honey

*All meals are freshly prepared each day by
our own nursery cook*